RICHARD KOGAN, M.D.

Piano

WEDNESDAY, OCTOBER 11, 2023 7:30 P.M. CASPARY AUDITORIUM

PROGRAM

The Mind and Music of George Gershwin

Richard Kogan, M.D., will lead us on a journey through the remarkable life and phenomenal musical creations of New York native, George Gershwin. This creative genius transformed what others considered to be merely popular musical forms into magnificent melodies with new kinds of piano and orchestral accompaniment that are now considered "classical." Dr. Kogan will explore Gershwin's artistic evolution, tracing his path from "Rhapsody in Blue" to "Porgy and Bess," and reveal Gershwin's thought processes until his death.

FEATURING

Richard Kogan, M.D., piano

Richard Kogan, M.D., has based his career on two ancient disciplines that remain central to modern civilization — Medicine and Music. Dr. Kogan is renowned for his live concert-lectures, in which he explores the psychological and medical origins of musical creativity in the great composers, interweaving his verbal analyses with performances of their masterpieces. A master storyteller, Dr. Kogan has given these programs at concert series, music festivals, medical conferences, universities, and scholarly symposia throughout the world, including the World Economic Forum in Davos, the Aspen Ideas Festival, the TEDMED Conference, the BBC in London, and the World Psychiatric Congress in Berlin. His American tours have included performances at concerts of the Los Angeles Philharmonic and the Symphony Orchestras of Baltimore, Houston, Dallas, and Pittsburgh.

Dr. Kogan has advocated for the destigmatization of mental illness, presenting programs for organizations such as the National Alliance on Mental Illness, the Brain & Behavior Research Foundation, the Depression and Bipolar Support Alliance, the Simons Foundation, the Psychiatric Education and Research Foundation, and the Neuroscience Education Institute.

At the age of 9, he was accepted at The Juilliard School of Music Pre-College Division, where he studied piano with Nadia Reisenberg. He majored in music and simultaneously completed a pre-medical curriculum at Harvard College before going on to Harvard Medical School under a special five-year plan that concurrently enabled him to travel and perform concerts. Dr. Kogan completed a psychiatry residency and an academic fellowship at New York University. His honors include the Concert Artists Guild Award, first prize in the Chopin Competition of the Kosciuszko Foundation, the Liebert Award for Applied Psychoanalysis, the McGovern Award for the Art and Science of Medicine, the Dear Abby Award from the Group for Advancement of Psychiatry, and the Alexander Award in Psychiatry.

In addition to his concert-lecture tours, Dr. Kogan maintains a private psychiatric practice in New York City, where he is Clinical Professor of Psychiatry, Artistic Director of the Music and Medicine Program, and Director of the Human Sexuality Program at Weill Cornell Medical College. Dr. Kogan is married, has three children, and lives in New York City.

2023–2024 Peggy Rockefeller Concert Donors

The concert series was founded in 1958 by Professor Theodore Shedlovsky and renamed in 1996 in memory of Peggy Rockefeller, wife of longtime chair David Rockefeller. The Rockefeller University gratefully acknowledges the following contributors who make it possible for us to offer affordable tickets for every performance, as well as subsidized tickets for students and postdoctoral fellows:

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THE ROCKEFELLER UNIVERSITY

The Rockefeller University is one of the world's foremost institutions dedicated to research and graduate education in the biomedical sciences, chemistry, and physics. Founded by John D. Rockefeller, Sr., in 1901 as The Rockefeller Institute for Medical Research, it was the first institution in the United States devoted exclusively to biomedical research. In the 1950s, the institute expanded its mission to include graduate education. It was renamed The Rockefeller University in 1965.

The university's laboratory-based structure encourages collaborations between disciplines and empowers faculty members to take on high-risk, high-reward projects. No formal departments exist, bureaucracy is kept to a minimum, and scientists are given resources, support, and unparalleled freedom to follow the science wherever it leads.

The Rockefeller University Community

- 70 heads of laboratory
- 200 research scientists
- 210 postdoctoral investigators
- 255 Ph.D. and M.D.-Ph.D. students
- 1,431 alumni
- 1,325 support staff

Acclaimed Scientists

In the course of Rockefeller's history, 26 of its scientists have been awarded the Nobel Prize; 25 have received a Lasker Award; and 20 have garnered the National Medal of Science, the nation's highest scientific honor.

At Present, the Faculty at Rockefeller Includes

- 5 Nobel laureates
- 6 recipients of Lasker Awards
- 33 members of the National Academy of Sciences
- 4 recipients of MacArthur Fellowships
- 3 recipients of the National Medal of Science

Some Clinical Concerns under Study

- Aging
- Alzheimer's disease
- Antibiotic resistance
- Autism
- Cancer
- COVID-19
- Diabetes
- Epilepsy
- · Heart disease and stroke

- Hepatitis
- HIV/AIDS
- Multiple sclerosis
- · Obesity, nutrition, and weight loss
- Parkinson's disease
- Skin diseases
- Vaccine development
- · Vision and hearing disorders

The Rockefeller University Hospital

Established in 1910, The Rockefeller University Hospital was the first hospital in the nation dedicated exclusively to patient-oriented investigations. Patients at the hospital are participants in clinical studies that build on basic research findings from Rockefeller laboratories. This allows the university to maintain an unbroken spectrum of research, from basic to clinical.

Groundbreaking Accomplishments

Among the pioneering discoveries at Rockefeller are many seminal advances that have transformed science and reduced human suffering. Scientists at Rockefeller:

- Discovered that DNA is the basic material of heredity
- · Developed vaccines against meningitis and pneumococcal pneumonia
- Determined that cancer can be caused by a virus
- Discovered blood groups and ways to preserve whole blood
- · Isolated and first successfully tested natural antibiotics
- Developed methadone maintenance therapy for people addicted to heroin
- Developed the AIDS "cocktail" drug therapy
- Showed that an adult brain of a higher species can form new nerve cells
- Discovered an obesity gene and the weight-regulating hormone leptin
- Discovered the dendritic cell, a key regulator of the immune system
- · Discovered the molecular mechanisms controlling circadian rhythm
- Developed assays that paved the way for drugs that cure hepatitis C

An Exceptional Place to Learn

Rockefeller's Ph.D. program offers training in the biomedical and physical sciences. With neighboring Memorial Sloan Kettering Cancer Center and Weill Cornell Medicine, the university also offers one of the nation's top M.D.-Ph.D. programs. In addition, Rockefeller provides intensive postgraduate training. At any one time, more than 200 postdoctoral investigators conduct research in university laboratories. Rockefeller's acclaimed Clinical Scholars Program, a three-year master's degree program, provides a unique opportunity for recent M.D. or M.D.-Ph.D. recipients to begin careers in patient-oriented research. Working with senior faculty members, clinical scholars develop and implement translational research studies at The Rockefeller University Hospital.

Infrastructure that Fosters Collaboration and Interaction

Rockefeller invented the modern bioscience institute, and has spent the past 122 years perfecting it. The university's beautifully landscaped 16-acre campus includes nine research buildings containing roughly 500,000 square feet of laboratory space, where investigators employ the latest technology to answer the most challenging questions in their fields. The Stavros Niarchos Foundation–David Rockefeller River Campus, which opened in 2019 and features the Marie-Josée and Henry R. Kravis Research Building, provides a number of new amenities, including additional cutting-edge laboratory space, a river view dining commons, academic and conference centers, and magnificent rooftop gardens.

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The Rockefeller University is an independent, nonprofit institute that relies on a broad base of government and private support to advance its mission of biomedical research. Each year, a committed group of individuals, foundations, and corporations helps to fund the university's scientific and educational programs. For information about these programs, or to discuss ways in which you can support and advance the work of the university, please contact:

Kate Kadoun, Senior Director, Outreach Initiatives 212-327-8694 · kadoun@rockefeller.edu